



***With friendship, trust and kindness, we fly!***

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# September 2026 Newsletter

## Message from the Executive Head

Dear families

Welcome to the first newsletter of the school year.

It has been wonderful to welcome you all back and the children have made a flying start. Learning behaviours across all the schools are exceptional and we have lots of very happy children.

You may have spotted that lots of work has taken place over the Summer holidays, with some still continuing. We have developed the outside spaces to include (but not only) a new bird hide in the Forest School area at Sutton, a new EYFS shelter at Catfield and an outside story telling area at Hickling. None of this would have been possible without the wonderful support of parents in our fundraising events. This has taken place at individual schools, but the real difference has been when everyone came together for the federation events. Sadly, school budgets are becoming more and more stretched, so your commitment to these events has made all the difference. Thank you and we look forward to working with you all again this year.

--

Kind Regards

Natalie Butcher

Executive Head, The Swallowtail Federation

*(Catfield CofE Primary Academy, Hickling CofE Infant Academy, Sutton CofE Infant Academy)*



## Message from the Senior Teacher

Dear families,

We have had a fabulous start to the new academic year with lots of learning taking place already.

Dragonflies will be attending their first school trip next Tuesday which is at the Sainsburys Centre in Norwich, where they will be taking part in various workshops and activities.

Butterflies have been working hard on their new phonics learning and have already learnt 8 phonemes. This week they have begun their maths and guided reading sessions, next week they will begin their handwriting sessions too.

On Fridays we are very lucky to have Hickling attend our school, all pupils are enjoying making new friendships and joining together.

Please follow our Facebook page for updates with our learning.

*Sabrina Holmes*

*Senior teacher and DSL; Sutton CE Infant Academy*

## Message from the school governors

Hi everyone

As Chair of Governors, I wanted to reach out to you all to say welcome to the new school year. I hope you were able to enjoy some great family time over the summer and are settling back into routine.

I am confident that the year to come will be rich and rewarding with great opportunity for all to be immeasurable more in the way that is possible for them, at Swallowtail Federation we are passionate about creating opportunity for all our children to be able to fly and be able to live by our values of friendship, trust and kindness. Thinking about this I felt it is a good moment to reflect on, what for me, represents our vision and ethos, I hope these thoughts also resonate with you.

- Our Federation Days when we come together are always enjoyed by the children and the Arts Festival in July is so delightful. Our minibus has enabled more chances for the children to come together so we really appreciate the funding that has made that possible.
- I am so proud of the children that worked hard towards the Archbishops Ambassador Award and were commended for their efforts.
- There were so many wonderful enriching activities and events, I will never mention them, carol concerts and nativity performances, summer fetes, the Young Voices trip to the O2, raising money for the Macmillan charity by walking which was a brilliant result, our Arts Festival with singing, dancing, art work and picnics.

I am confident we can all look forward to what the coming year will bring and would like to thank all of you for the contribution you will make to further enable the wonderful work of the Swallowtail staff. Now I have your attention, it would be remiss of me not to mention that if anyone is interested in joining us in the rewarding role of school governor, just contact the school office and they will put you in touch with me, I am happy to have an informal chat and share some info, no commitment, no hard sell, just a chat at your convenience. We really could benefit from some extra help and you will not be thrown in at the deep end, we will support and guide you in what you feel comfortable doing.

Thank for your time reading this  
Sheila

## School attendance

### Attendance to date for Sutton Infant Academy

Butterflies class: **92.73%**

Dragonflies class: **97.83%**

## Is my child too ill for school?



Does your child have a high temperature (38°C or more)?

**YES**

Keep them off school until it goes away.

**NO**

Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

| Should go in                                                                                                                                                                                                | Should go in<br>(let the school know)                                                                                                                                                                                     | Seek treatment before<br>returning to school                                                                                                                                                                                                                                                                                                            | Keep them off (at first)                                                                                                                                                                                                                                                                                                |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>A cough, cold or sore throat</b><br>Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature. | <b>Cold sores</b><br>Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.                                                                       | <b>Impetigo</b><br>They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school. | <b>Ear infection</b><br>If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.                                                                                                                             |
| <b>Threadworms</b><br>Speak to your pharmacist, who can recommend a treatment.                                                                                                                              | <b>Conjunctivitis</b><br>Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.                                        | <b>Ringworm</b><br>See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.                                                                                                                                                                        | <b>Measles</b><br>They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system. |
|                                                                                                                                                                                                             | <b>Head lice &amp; nits</b><br>You can treat head lice and nits without seeing a GP.                                                                                                                                      | <b>Scarlet fever</b><br>They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.                                                                                                                                                      | <b>Vomiting &amp; diarrhoea</b><br>Please consult with school staff who will work with you to determine how long your child needs to be off school for.                                                                                                                                                                 |
|                                                                                                                                                                                                             | <b>Hand, foot &amp; mouth disease</b><br>If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly. | <b>Chickenpox</b><br>Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                         |
|                                                                                                                                                                                                             | <b>Slapped cheek syndrome</b><br>Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.                                                  |                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                         |

**Feeling worried or anxious:** It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

## News

- Don't forget our weekly cake raffle, entries can be made on Parent Mail. It costs £1.00 per entry.
- Wraparound Care- wraparound bookings (including breakfast club) must be booked at least a week in advance and the office must be informed directly of your booking. Once booked please email the school office on [office@sutton.stbenets.org](mailto:office@sutton.stbenets.org) with your booking dates. If you need a last-minute booking, please ensure you call the school office directly, if children arrive at school without contacting the school first, we may be unable to accept your children due to staffing.
- Can families please send in a pair of socks to be kept in their child's school bag if they wear tights to school on PE days

## Stay up to date...

Website: [www.swallowtailfederation.co.uk](http://www.swallowtailfederation.co.uk)

Facebook page – Search for Sutton CEVC Infant School

## Safeguarding

Some links for e-safety:

<https://www.thinkuknow.co.uk/>

## Diary Dates (all subject to change):

### Autumn term

**Tuesday 22<sup>nd</sup> September-** KS1 trip to the Sainsburys Centre. Details on Parent mail.

**Thursday 24<sup>th</sup> September-** Nourish special lunch- Read a book, please book on Parent mail.

**Thursday 1<sup>st</sup> October-** Nourish special lunch- Mr Nourish Birthday. Please book on Parent mail.

**Tuesday 6<sup>th</sup> October-** EYFS Stay and play 9.30 – 10.30am.

**Thursday 8<sup>th</sup> October-** Harvest Festival at church at 9.00am, can families please drop their children off at church. We will be collecting donations for the local food bank, please make your donations to the school office.

**27<sup>th</sup> October-31<sup>st</sup> October-** School half term.

**Thursday 5<sup>th</sup> November-** Outdoor classroom day. More information to follow.

**Friday 6<sup>th</sup> November-** Remembrance worship at 8.50am, families welcome.

**Thursday 12<sup>th</sup> November-** EYFS and KS1 parent consultations. Bookings to be made on Parent mail.

**Friday 13<sup>th</sup> November-** Children in Need community event 9.00-10.00am, everyone welcome. More details to follow.

**Friday 13<sup>th</sup> November-** Children's flu spray appointment, 12.30pm onwards.

**Tuesday 17<sup>th</sup> November-** Tempest: Portrait and sibling photos from 8.45am.

**Wednesday 18<sup>th</sup> November-** EYFS Stay and play 9.30 – 10.30am

**Monday 30<sup>th</sup> November-** Christmas crafts 9.00am– 10.00am followed by Christingle at 2.30pm. Families welcome to attend both.

**Monday 7<sup>th</sup> December-** Nativity dress rehearsal pm

**Tuesday 8<sup>th</sup> December-** Nativity 2.15pm. More information to follow.

**Wednesday 9<sup>th</sup> December-** Nativity 9.30 am. More information to follow.

**Thursday 10<sup>th</sup> December-** Christmas quiz and snacks 3.20-5.00pm, Christmas jumper day

**Monday 14<sup>th</sup> December** -Christmas federation day at Catfield. More information to follow.

**Thursday 17<sup>th</sup> December-** Christmas lunch, menu available closer to the time. Please book on Parent mail.

**Friday 18<sup>th</sup> December-** Christmas church service at 9.00am, can families please drop their children off at church Christmas party lunch, more information to follow.

**Monday 21<sup>st</sup> December-Monday 4<sup>th</sup> January-** Half term. Children return to school Tuesday 5<sup>th</sup> January.